

D.El.Ed 1st Year (19-21)

dated:- 15.05.2020

College Name  
Shankuntlam Institute  
Of Teacher's Education  
702 (code)

Kirhindi, Shirsagar Road,  
Sasaram

Sub name - Proficiency in English  
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UNIT-3 STUDY SKILL (अध्ययन कौशल)

Study skills are approaches applied to learning. They are generally critical to success in school, considered essential for acquiring (प्राप्त) good grade and useful for learning throughout one's life.

Study skills are an array (समूह) of skills which tackle (पकड़ना) the

Process of organizing and taking in new information or dealing with assessments.

⇒. A method that is useful during the first interaction with the subject of study is 'REAP' method. This method helps student to improve their understanding of the text and bridge the idea with that of the authors.

### REAP- stands for

1. Read: Reading a section to discern the idea.

2. Encode: Paraphrasing the idea from the author's perspective to the student's own words.

3. Annotate (टिप्पणी) = Annotating the section with critical understanding and other relevant notes.

4. Ponder = To ponder about what they read through thinking, discussing with others and reading related materials.

⇒ A method used to focus on key information when studying from books vertically is the PQRST method.

This method prioritizes (unfamiliar) the information in a way that relates directly to how they will be asked to use that information in an exam.

### PQRST -

1. Preview: The student looks at the topic to be learned by glancing over the major heading the syllabus.

2. Question: The student formulates a question to be answered following a thorough examination of the topic.

3. Read: The student reads through the related material focusing on the information.

4. Summary: The student summarized the topic, bringing his or her own understanding into the process.  
↳ written notes, flow diagrams.

5. Text: The student answers the questions drafted earlier, avoiding adding any question that might distract or change the subject.